



Chef Melissa's Menu

June 26-30, 2017

"Healthy options = Healthy children"

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Blueberry Cereal Bar w/ Milk	Oatmeal and Blueberries w/ Milk	Cereal and Strawberries w/ Milk	Ricotta Cheese w/ Raspberries w/ Milk	Cottage Cheese w/ Fresh Strawberries w/ Milk
Lunch (Veggie Option)	Lightly Breaded Chicken Nuggets (Veggie Nuggets) Fresh Corn Fresh Peaches Milk	Homemade Cheese Lasagne Fresh Mixed Veggies Fresh Mango Milk	Charbroiled Hamburger on a Bun (Veggie Burger) Tator Tots Fresh Strawberries Milk	Cheese Tortellini Fresh Green Beans Fresh Pineapples Milk	Pasta Salad Fresh Veggie Blend Fresh Sliced Apples Milk
Afternoon Snack	Strawberry Yogurt w/ Milk	Spinach Artichoke Dip w/ Ritz Crackers w/ Water	Fruit Salad w/ Water	Banana's w/ Water	Bell Pepper and Hummus w/ Water
Substitute Item					

~ Please note that the above menu is subject to change. ~